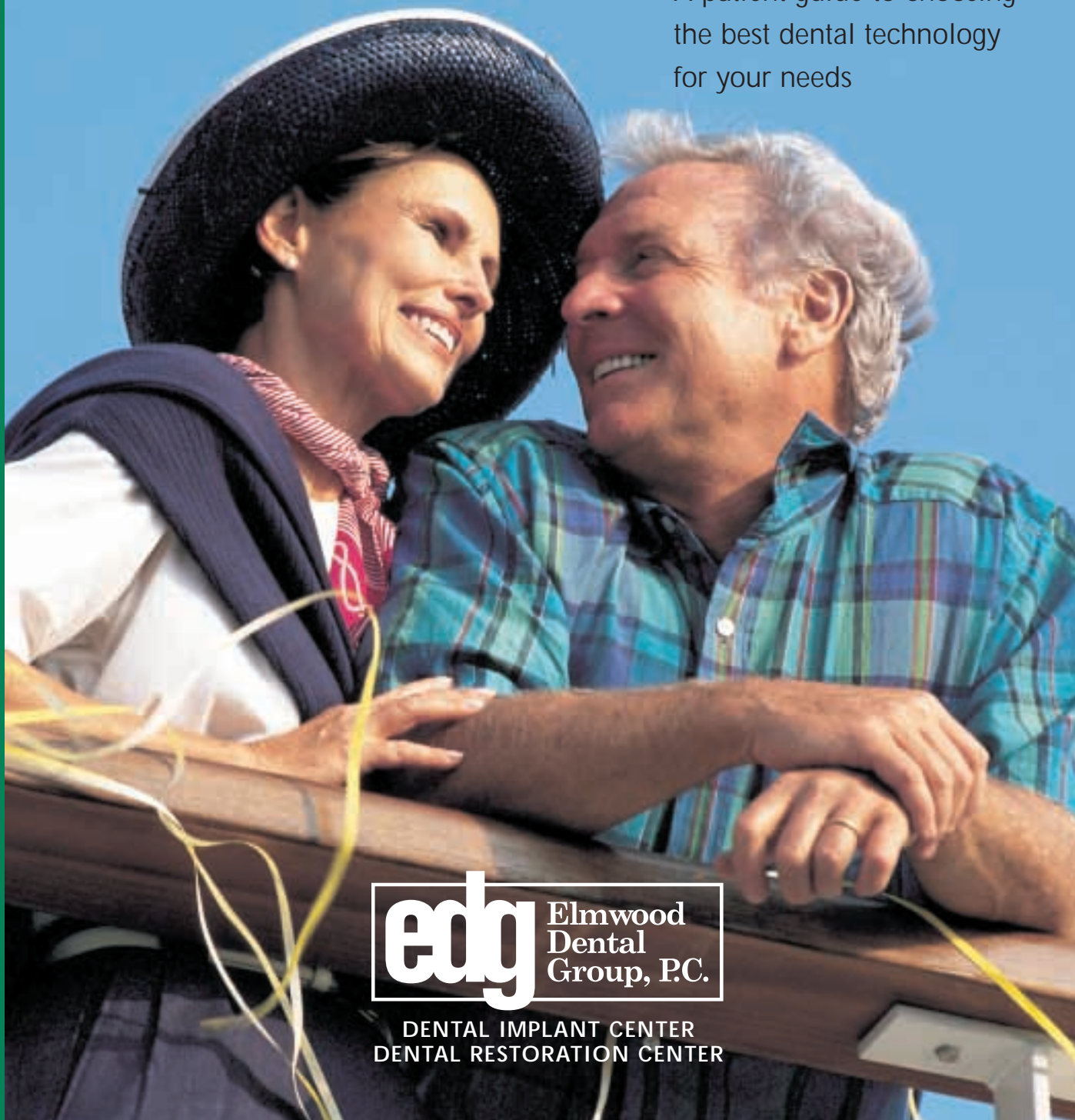


The comfort and
confidence
of dental implants



A patient guide to choosing
the best dental technology
for your needs



DENTAL IMPLANT CENTER
DENTAL RESTORATION CENTER



Implants—the next best thing to your own teeth

Implants are replacements for lost teeth that look, feel and function like your natural teeth. As roots are the foundation for your natural teeth, implants provide a stable attachment for a single tooth replacement, a bridge or a complete denture.

The advantages of implants

- *Nothing looks or feels as close to your natural teeth as implants.
- Bridgework and dentures may need to be replaced every ten to fifteen years, but implants will last a lifetime with proper care. They will not decay, fracture or foster gum disease.
- Implants can replace one or a series of lost teeth, without compromising the surrounding natural teeth.
- Dentures anchored on implants won't slip and slide. No more sore spots, slurred speech or difficulty chewing.
- Unlike conventional bridgework or dentures, implants stimulate bone growth and help preserve oral health.

Patients tell us their implants give them confidence and improve their quality of life. And studies have documented a greater than 98% success rate for implants after ten years.

When to consider implants

You are a good candidate for implants if:

- you have one or more missing teeth and are considering bridgework;
- you are considering dentures, or
- you already have a partial or dentures but are not happy with them.

Implants are well tolerated by people of all ages. Patients with certain types of untreated or uncontrolled illnesses should not receive implants, but if you are in good general health you are probably an excellent candidate.

“I’m so glad I decided on implants!

The process was much easier than I expected, and the staff at Elmwood was wonderful.”

–Bob Newport, patient

Understanding dental implants

Your natural teeth are supported by roots beneath your gumline. Implants replace your natural teeth with implanted titanium root forms. Titanium is an extremely durable and pure material, and your jawbone actually bonds to the implant over time to provide a stable support for your prosthetic teeth. Natural looking prosthetic teeth, a bridge or dentures (which may be fixed or removable) are attached to the implant(s).

A treatment plan customized to your needs

There are several implant configurations available—tooth form, blade and saddle—and each has advantages in certain cases. The number, configuration and placement of implants depends on several factors, including:

- the number of teeth to be replaced;
- the condition of your jawbone, and
- your goals and preferences.

After an initial consultation, an examination and x-rays, we will prepare a custom treatment plan for you. We will explain your options and help you select the best plan to meet your needs.

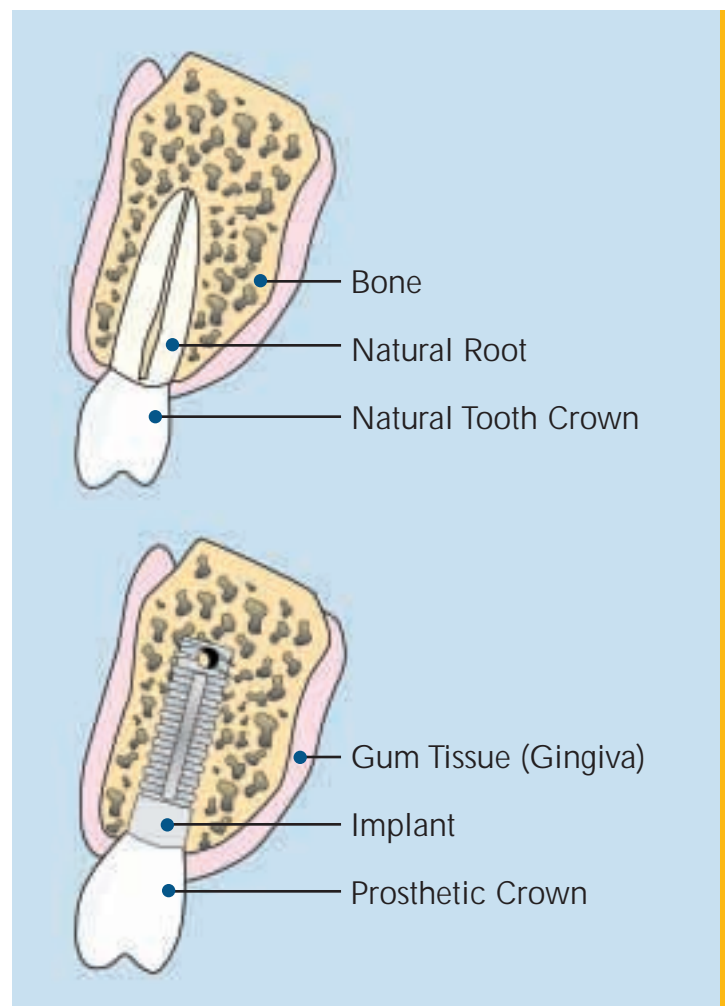


Illustration courtesy of Scott D. Ganz, D.M.D. ©

The implant process

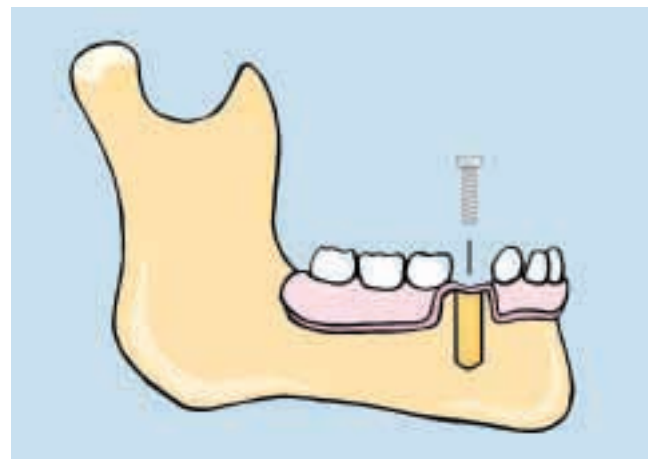
Step 1: Consultation and planning

Your initial Implant Consultation will include a review of your dental and medical history, a dental exam and x-rays. We will talk with you about your objectives and preferences in considering implants. We will combine all of this information into a customized treatment plan. We'll review the plan with you and help you choose the best options to meet your goals.



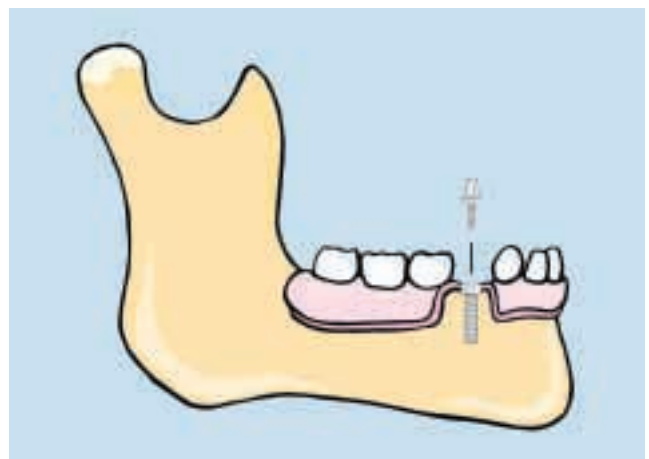
Step 2: Placing the implant

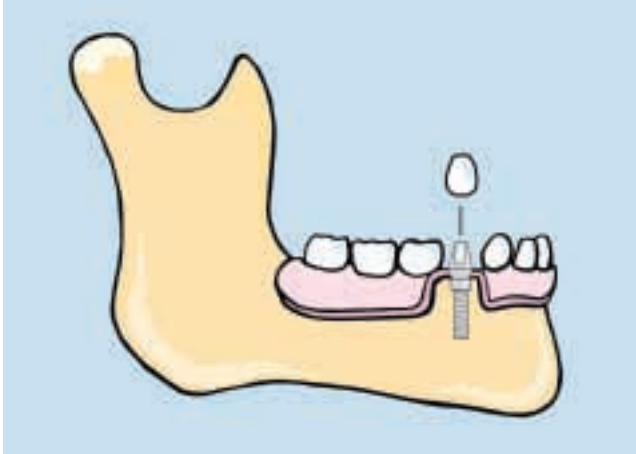
You will be given local anesthesia and conscious sedation to ensure your comfort. A small opening will be made in your gum to expose the jawbone. The dental surgeon will slowly and gently drill into the bone to create a hole deep and wide enough to hold the implant. The implant will be twisted or gently tapped into place, and the gum incision will be closed. You will be able to go home shortly after the surgery.



Step 3: Attaching the abutment

After the site has healed around the implant (usually three to six months after placement), you will return for a shorter surgery to attach an abutment—a titanium post that will join the implant to the prosthetic tooth, bridge or denture. The second surgery is shorter than the first and can usually be done using local anesthetic only.





Step 4: Forming and fitting the prosthetic tooth or bridge

Impressions will be taken a few weeks after the second surgery. Your prosthetic tooth or bridge will be fabricated and adjusted during one or more "trial fits," then attached to the abutment(s). We will teach you how to care for your new teeth and recommend a schedule of visits for cleaning.



New hope for denture wearers

If you're tired of dentures that slip, slide and make it difficult to speak and eat the foods you love, we can help. Implants provide the most stable foundation possible for dentures and give you unsurpassed levels of comfort and confidence. With Elmwood Dental Restoration Center's exclusive new technology, the process is cost-effective and quick (just a few weeks, in many cases). Ask us for more information about our Hybrid Denture Program.



“Dentistry has come a long way in the last 20 years. We now have the technology to not only replace teeth permanently, but to restore personal confidence and significantly improve quality of life for our patients. At Elmwood Dental, we’re committed to providing these services in a professional and caring environment.”

- Dr. Frank LaMar, Jr.

Our implant team

Elmwood's Dental Restoration Center has been the leader in providing implants and developing implant treatment for 20 years. Under the care of our highly trained and experienced implant experts, thousands of patients have discovered the benefits of long lasting, natural looking implants.



James LaMar, D.M.D.

Elmwood Dental Restoration Center

Dr. LaMar completed his dental implant residency program at Loma Linda University in California. He is an Associate Fellow of the American Academy of Implant Dentistry (AAID). He is also a member of the International Congress of Implantologists.



Frank R. LaMar, Jr., D.D.S.

Elmwood Dental Restoration Center

Dr. LaMar is a Doctor of Dental Surgery specializing in prosthodontics and dental restoration. He trained in prosthetic dentistry at the Eastman Dental Center at the University of Rochester Medical Center. He is an Assistant Professor at the Eastman Dental Center's Department of Prosthodontics and a member of the American College of Prosthodontists, the International Congress of Implantologists and the Academy of Osseointegration. He lectures nationally on the topics of Implant Dentistry and Prosthodontics.



Frank LaMar, D.D.S., F.A.C.D.

Founder, Elmwood Dental Group

Dr. LaMar is an implantologist and a Fellow of the American Academy of Implant Dentistry (AAID). He is also a Diplomate of the American Board of Oral Implantology and Associate Clinical Professor of Implant Dentistry at the University of Rochester's Eastman Dental Center.



Dov Almog, D.M.S.

Dr. Almog is a specialist in Prosthodontics. He completed specialized training in prosthetic dentistry at the University of Rochester Eastman Dental Center. He is now Associate Professor of Prosthodontics and the former Medical Director of the Eastman Dental Center and the Craniofacial Diagnostic Imaging Laboratory.

Frequently asked questions about implants

Q. How many implants will I need?

A. The number and placement of your implants depends on several factors. We will recommend customized treatment options based on your situation, objectives and preferences.

Q. How long does the entire process take?

A. Usually several months, because it takes three to six months for your jawbone to bond to the implant. In some cases, the complete process can be done in just a few weeks. We can give you a better idea of the timeframe when you come in for your Implant Consultation.

Q. How painful is the surgery and recovery?

A. You will be given local anesthesia and conscious sedation during surgery, so you will be relaxed and pain-free. The typical recovery period after surgery is just a day or two, and patients who have implant surgery on Friday can expect to return to work the following Monday. Most patients find the procedure less painful than a tooth extraction.

Q. Will there be metal pins visible in my mouth after the surgery?

A. No. You will have a temporary tooth, bridge or denture to wear at all times.

Q. How much do implants cost?

A. The cost depends on the number of implants recommended and the type of prosthetic teeth, bridgework or dentures you need. We will provide the complete cost in your customized treatment plan, and we do offer the convenience of credit card payment. We can also develop a phased treatment plan that will allow you to spread the investment out over time.

Q. Will my dental insurance cover the cost?

A. In most cases, no. But we can devise a treatment plan that will allow you to spread the investment out over a comfortable period of time. And we accept payment by Visa, MasterCard and Discover Card for your convenience.

Q. How long will my implants last?

A. With proper care, your implants should last a lifetime. Studies have documented a 98% success rate for implants after ten years.

Additional questions?

Choosing implants is an important decision, and you probably have more questions. There are several ways to get more information:

Visit the Elmwood Dental Restoration Center's implant website at www.ElmwoodDentalImplants.com. Here you will find diagrams and explanations of all three implant configurations and the many treatment options available.

Attend one of our Implant Seminars. We will explain the process in detail and show you the results we have achieved for other patients. You will also meet implant recipients and have a chance to ask them about the procedure and how implants have improved their quality of life.

To enroll for this free seminar, call Karon Johnson at (585) 461-4350, or visit Elmwood Dental Restoration Center's website at www.ElmwoodDentalImplants.com.



Contact us to schedule an Implant Consultation. We'll be happy to discuss the options for your treatment and help you make the best choice. Please call us today to schedule an appointment.

Are implants right for you?

Y N

- Are you missing one or more teeth?
- Are you afraid to smile because your teeth don't look as attractive as you'd like?
- Do your dentures cause sore spots?
- Are you considering bridgework, but reluctant to compromise two healthy teeth?
- Do you avoid certain foods because they're hard to chew?
- Is your speech affected by slipping and sliding dentures?
- Do you have a bridge that needs to be replaced?

Long lasting, natural looking dental implants may be the right choice for you. Call us today to enroll in our free Implant Seminar or to schedule an Implant Consultation.



DENTAL IMPLANT CENTER
DENTAL RESTORATION CENTER

1950 Clinton Avenue South
Rochester, New York 14618
(585) 461-4350
www.ElmwoodDentalImplants.com

Educating dental patients and leading the way to a healthier smile.