

Homecare Instructions for Temporary Dentures

- Following your surgery, your temporary dentures will be delivered to you with a soft liner on the inside. For the first few weeks you will not be able to put much chewing force on the dentures, and will be restricted to a soft diet.
- You should keep your temporary dentures in for 24 hours following surgery as they will help stop the bleeding and act as a bandage.
- After 24 hours you may take out the dentures and follow hygiene instructions for the surgical site. Gently brush the inside AND outside of your denture with a tooth brush or denture brush.
- After every meal, you must take out the temporary denture and clean both your surgical site and the denture.
- **DO NOT** ever immerse your temporary dentures in any liquid, including water, denture cleaners, etc. If after the first 24 hours you wish to keep the dentures out, wrap them in a moist paper towel to prevent them from drying out.
- You will have sutures in for the first 10 days after surgery, therefore the use of denture adhesive is not recommended, especially on the lower. If you **MUST** use adhesive on the upper, you may place a dime-sized amount in the middle of the palate – be sure to keep the adhesive from getting into the sutures.
- Once the swelling has subsided, you will notice the temporary dentures are very loose. A new soft liner can be added by the dentist at anytime to improve the fit and comfort of the dentures.
- The dentures can sometimes loosen the healing caps. If this occurs, come into the office to have them tightened/replaced.

